

Chapter 22 Parent Letter and Activities

Dear Parent or Guardian,

More than any other topic we will study, illegal drugs have a negative effect on society., Americans are estimated to spend over six billion dollars annually on illegal drugs, resulting in terrible personal consequences and hundreds of billions of dollars in lost work, medical care, and legal costs. By studying the material in this chapter, your teen will gain knowledge that can help her or him choose a drug-free life.

The following topics will be discussed in this chapter:

- The Health Risks of Drug Use.
- Marijuana, Inhalants, and Steroids.
- Psychoactive Drugs.
- Living Drug Free.

Please reinforce our classroom work by discussing with your son or daughter one or more of the following topics: Discuss with your teen any questions or concerns she or he may have about the presence of drugs in the school and in the community. Ask your teen about her or his long-term goals and discuss the ways in which using drugs will interfere with realizing those goals. Use the telephone directory or Internet to locate resources in your community for treating people who use drugs. Encourage your teen to discuss the reasons some teens feel compelled to try drugs. Discuss methods to overcome peer pressure. Share strategies to help your teen defend his or her right to a drug-free environment.

By stressing the benefits of remaining drug free, I hope we can work together to create a safer, stronger school and community. Thank you for supporting our classroom work. Feel free to contact me if you wish to discuss your teen's health education.

Sincerely,

Health Teacher

Please read our [Terms of Use](#) and [Privacy Notice](#) before you explore our Web site. To report a technical problem with this Web site, please contact [Technical Support](#).