

Chapter 27 Parent Letter and Activities

Dear Parent or Guardian,

Your teen's health class is learning about first aid and emergencies. Hospital emergency rooms treated 33,000,000 cases in 2000. Basic first aid can often mean the difference between a moderate wound and a critical one; and in some cases, properly administered first aid can mean the difference between life and death. Students will learn the proper steps in offering preliminary care, and matching responses to situations. Students will then learn about being prepared for storms and other types of emergencies.

Your teen will explore the following topics in this chapter:

- Providing First Aid.
- CPR and First Aid for Shock and Choking.
- Responding to Other Common Emergencies.
- Emergency Preparedness.

Please reinforce our classroom work by discussing with your son or daughter one or more of the following topics: Give your teen an example or two of emergency situations and ask him or her to explain proper first-aid responses. Ask your teen to demonstrate how he or she would deal with a choking situation. Show your teen where you store your emergency first-aid supplies. Make a list of additional items that might be useful. Ask your teen to locate necessary emergency response phone numbers, create a list, and place one by all the phones in the house. Arrange for your son or daughter to take a first aid or CPR training class.

Please plan other activities that will help prepare your son or daughter to act responsibly and effectively in an emergency situation. Thank you for supporting our classroom work. Feel free to contact me if you wish to discuss your teen's health education.

Sincerely,

Health Teacher

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