

# Chapter 28 Parent Letter and Activities

Dear Parent or Guardian,

Community and environmental health are the focus of your teen’s health class. In this chapter your son or daughter will learn about public health agencies and the roles they play in disease prevention and health promotion. Your teen will also learn about air quality, noise pollution and their effects on health. Protecting the land and water are serious global issues and consequently, your teen will examine possible strategies for reducing land and water pollution. Your son or daughter will also consider conservation of resources, pre-cycling, and recycling in an effort to protect the environment and safeguard health.

The following topics will be explored in this chapter:

- Community and Public Health.
- Air Quality and Health.
- Protecting Land and Water.

Please reinforce our classroom work by discussing with your son or daughter one or more of the following topics: Discuss with your teen the main sources of air, land, and water pollution. Discuss long-term consequences of continued pollution. Discuss the roles of national and global organizations designated to preserve the health of all people. Share possible strategies to reduce pollution. Ask your teen to explain the concepts and benefits of pre-cycling and recycling. Do your family members contribute to the pollution problem or do they help reduce pollution? Ask your son or daughter to lead a family discussion of household methods for conserving natural resources. Brainstorm ways to conserve resources.

Please plan other activities you think will help your son or daughter learn to respect and protect the global environment. Thank you for supporting our classroom work. Feel free to contact me if you wish to discuss your teen’s health education.

Sincerely,

Health Teacher

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