

Reading Tip

Forming your own mental images will help you remember what you read.

Target Your Reading

Use this to focus on the main ideas as you read the chapter.

- 1 Before you read** the chapter, respond to the statements below on your worksheet or on a numbered sheet of paper.
 - Write an **A** if you **agree** with the statement.
 - Write a **D** if you **disagree** with the statement.
- 2 After you read** the chapter, look back to this page to see if you've changed your mind about any of the statements.
 - If any of your answers changed, explain why.
 - Change any false statements into true statements.
 - Use your revised statements as a study guide.

Before You Read A or D	Statement	After You Read A or D
	1 Muscles provide support and bones enable movement.	
	2 Digestion begins in the stomach.	
	3 You can live longer without food than you can without water.	
	4 Arteries carry blood away from the heart.	
	5 The nervous and endocrine systems are the control systems of the body.	
	6 The respiratory system brings oxygen into the body and removes waste gases.	
	7 Except for reproductive systems, other body systems are similar in males and females.	
	8 Reproductive systems begin to function at puberty.	
	9 Eggs are produced in a female's uterus.	
	10 It takes about three months for an embryo to become a fetus.	