

Target Your Reading

Use this to focus on the main ideas as you read the chapter.

- 1 **Before you read** the chapter, respond to the statements below on your worksheet or on a numbered sheet of paper.
 - Write an **A** if you **agree** with the statement.
 - Write a **D** if you **disagree** with the statement.

- 2 **After you read** the chapter, look back to this page to see if you've changed your mind about any of the statements.
 - If any of your answers changed, explain why.
 - Change any false statements into true statements.
 - Use your revised statements as a study guide.

Reading Tip

Read a paragraph containing a vocabulary word from beginning to end. Then, go back to determine the meaning of the word.

Before You Read A or D	Statement	After You Read A or D
	1 The human body is organized into organ systems.	
	2 Proteins are inorganic substances needed by the body to build and repair tissues.	
	3 Nucleic acids are organic compounds that store genetic information.	
	4 The human body contains cells that function independently.	
	5 The nervous system does not function with digestive system.	
	6 In your body, cellular respiration can occur without help from your circulatory system.	
	7 Your skin helps to eliminate wastes and excess substances from your body.	
	8 Your body responds to internal and external stimuli continually.	
	9 Negative feedback systems continue processes until homeostasis is restored.	