

Unit 3
Decision-Making Skills

Building Academic Skills
Math

COST OF GOING OUT TO EAT

Directions: Today's fast-paced lifestyles have made eating out a regular routine for many, but doing so may result in poor nutrition. It may also have a negative impact on the budget. Try comparing the costs of eating out and in. First, fill in one of your favorite menus (one to three items). Then, call or visit three restaurants to obtain prices for the items on the menu. Finally, list the ingredients needed to prepare the meal at home, and visit a grocery store to get prices. Which is more economical in this case, out or in?

The menu is: _____

Restaurant	Menu Item	Price
Total:		
Total:		
Total:		

Ingredients for Each Menu Item	Cost	Cost Per Serving
Item:		
Item:		
Item:		
Total Cost of Preparing Menu		