

Study Guide

Directions: Answer each question with the information you learned in Chapter 10. Write your answers in complete sentences on the lines provided.

1. Name three of the family challenges mentioned in Chapter 10.

2. Give examples of how a new family member can affect a family.

3. What are two challenges teen parents face?

4. What steps can you take to adjust quickly to a move?

5. What is the effect of unemployment on a family?

6. What are two strategies that families can use to help deal with financial problems?

7. Is change in the family always a crisis?

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Chapter 10 Family Challenges *Continued*

8. What effect can a natural disaster have on a family?

9. What causes a family to become homeless?

10. What adjustments do families need to make when a family member is ill or disabled?

11. How can a family stay strong through a family member's illness or disability?

12. Define closure. Give an example of an activity that helps a person accept the reality of death.

13. If a friend or family member commits suicide, how can you prevent feelings of guilt?

14. When parents separate or divorce, what can they do to make the adjustment easier for their children?

15. How does substance abuse and alcoholism affect the family and society?

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Chapter 10 Family Challenges *Continued*

16. What consequences do teens face when they use alcohol and other drugs?

17. What is neglect?

18. Give an example of emotional abuse.

19. Give an example of physical abuse.

20. What kinds of assistance can a person seek to deal with abuse?

21. What does the term "cycle of abuse" mean?

22. How can the cycle of abuse be broken?

23. Name two resources who can help family members deal with stress and crisis.

Coping with Family Changes

Directions: Changes in families are going to happen whether they are planned changes or surprises. For each situation, give two examples of what that person could do to help improve each situation. Write your answers in the space provided.

The Change	Ways to Improve the Situation
1. Jeff's dad lost his job.	
2. Rita's grandparent has a terminal illness.	
3. Angie's parents are divorcing.	
4. John's teenage sister is pregnant.	
5. Roger's teenage brother has joined a gang.	

Dealing with Abuse

Part I. Directions: Any kind of abuse is destructive to families. Read the following scenarios. Apply your understanding of the material from your textbook to answer the questions that follow.

Scenario 1: You are Stephanie's friend. She is an outgoing freshman, a cheerleader, and Student Council member. When she began to date a junior athlete at her school, she seemed happy at first. After a couple of weeks, however, Stephanie became quiet and withdrawn around her friends and in her classes. Her grades began to drop. You noticed some unusual bruising on her wrists. When you asked her about it, she quickly changed the subject and excused herself.

1. If abuse is occurring, what must happen first for Stephanie before the abuse will end?

2. Who should be blamed for the abuse in Stephanie's case?

3. Where can Stephanie seek help for the abuse?

Scenario 2: Your friend Cory knows he has never been treated fairly by his older brother. No matter what he does, Cory still gets made fun of and pushed around by Eric. What's more, Eric even goes so far as to make Cory give him part of his allowance money every week. Eric's parents do not see how Eric treats Cory. They work long hours and don't spend much time with the boys when they are home. Cory has become more depressed and downhearted, to the point where he doesn't want to go home anymore.

1. What could Cory do to stop the abuse by his brother?

2. Where can Cory seek help from the abuse?

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Chapter 10 Family Challenges *Continued*

3. What changes must Eric make in order to stop his abusive behavior of Cory?

Scenario 3: Jim’s mom has always been verbally abusive to Jim. She yells about the smallest matters and makes fun of the way Jim looks and dresses. You notice this interaction when you go to his house to study or hang out, which isn’t very often because Jim doesn’t like being home. You know that Jim’s mom has a high-stress job as an emergency room nurse and she works the night shift. Jim told you once that his grandma acts just the same to his mom as Jim’s mom acts toward Jim. You and Jim will graduate later this year. Jim has said that he is moving out of his mom’s house the day after graduation.

1. What might be causing Jim’s mom to be abusive to Jim?

2. What can Jim do to receive help with his situation?

3. What must Jim’s mom do to break the cycle of abuse?

Scenario 4: Rachel agrees to babysit for her neighbor, Samantha, for the first time. Samantha has a two-year-old son named Joey. Samantha has to leave quickly and gives Rachel an emergency number. Rachel has questions for Samantha about Joey’s routine, but Samantha is in too much of a hurry to answer her. As the evening passes, Rachel comes to realize that there are no diapers in the house to replace Joey’s dirty diaper, and there are also no baby wipes or toilet paper. Joey’s clothing is also soiled, but it appears that his clothes have not been cleaned in many days. Joey keeps saying that he is hungry, but there is no food in the refrigerator or cabinets that Rachel can give to him. Joey begins to cry and Rachel calls Samantha’s emergency number, but Samantha does not answer.

1. Is Joey being abused by his mother? If so, what type of abuse does this scenario demonstrate?

2. What can Rachel do to help Joey?
