

How Parenting Changes Relationships

Directions Becoming a parent changes other relationships. Interview someone who is a parent. Then summarize the parent's answers to the questions below.

1. **Friends** How did becoming a parent affect your relationship with your friends?

2. **Spouse** How did becoming a parent affect your relationship with your spouse?

3. **Parents** How did becoming a parent affect your relationship with your parents?

4. **Other Family Members** How did becoming a parent affect your relationship with other family members (such as siblings, in-laws, and the baby's older brothers and sisters)?

5. **Employer** How did becoming a parent affect your relationship with your employer?

6. **You** How did becoming a parent affect you (such as time alone, self-image, and pursuing personal interests)?

Parents and Children

Directions Read a book or watch a movie or television show in which a parent interacts with a child. Explore their relationship by answering the questions below.

1. Did you choose a book, movie, or show? Give the name. _____

2. How did the parent show the child support and encouragement? _____

3. How did the parent guide, direct, and discipline the child? _____

4. How did the parent give the child freedom to experiment and learn from mistakes? _____

5. How did the child respond positively or negatively (anger, disobedience) to the parent?

6. In what ways was the relationship realistic? Unrealistic? _____

7. On a separate piece of paper, summarize what the parent-child relationship was like. Evaluate the relationship in terms of your values. What did you like? What would you have done differently as the parent?