

Section 15.1 Nutrients at Work

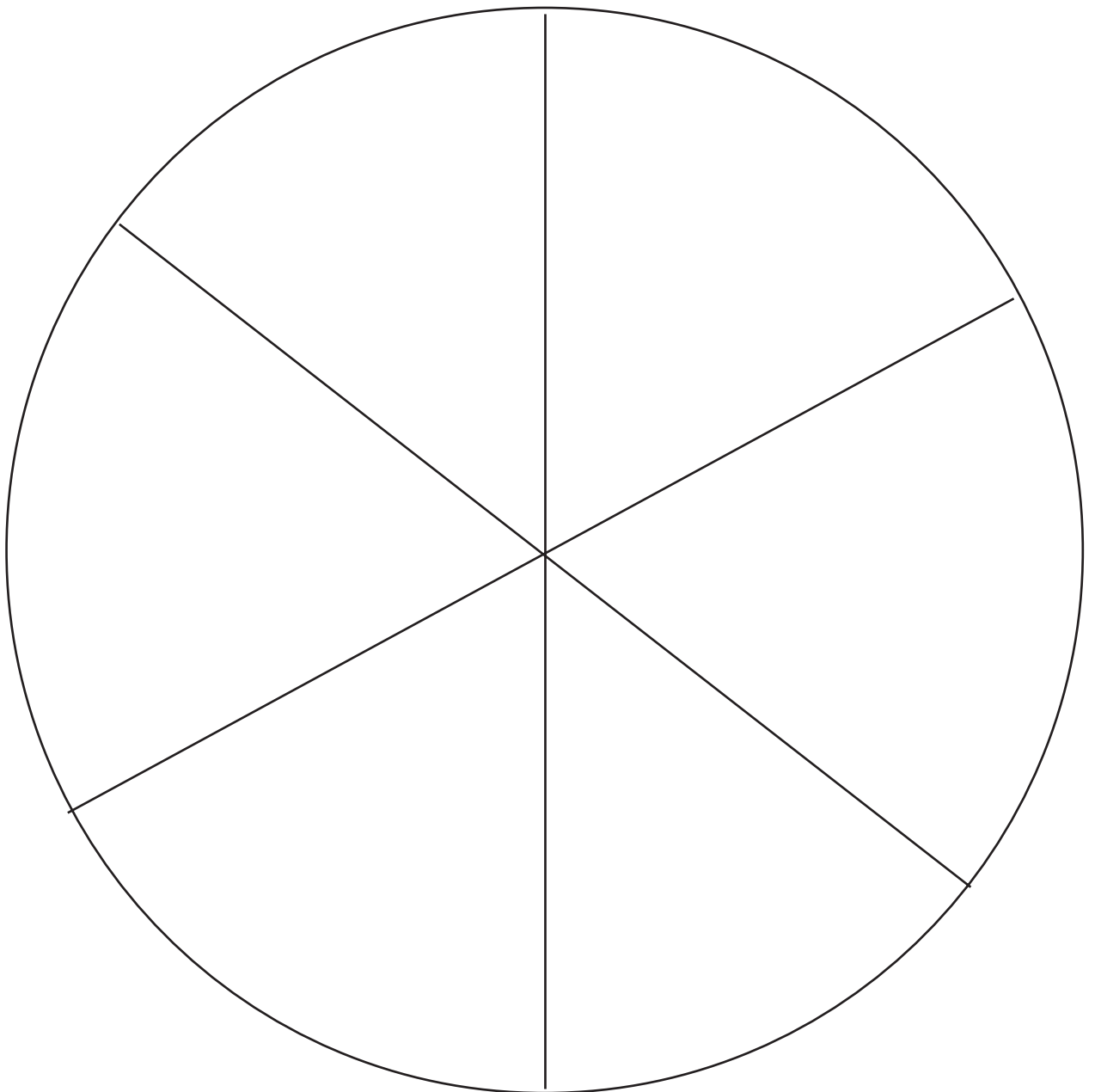
CHAPTER

15

How Nutrients Work

Directions As you read, record the six categories of nutrients. Use a graphic organizer like the one below to organize your information.

Nutrients



Section 15.2 The Process of Digestion

CHAPTER

15

How Nutrients Work

Directions As you read, record the definition and the sources of calories. Use a graphic organizer like the one below to organize your information.

Calories

<p>Definition:</p>	
<p>Sources:</p>	