

## Letting Children Help Cook Safely

**Directions** Read the story below. Then fill in the chart by listing baking tasks that Perry might let each boy do. Include tasks that he needs to do himself.

### A Baking Experience

Perry loves to cook. His three younger brothers love to help. One day Perry asked his brothers, “Would you like to help me make cookies?”

“Yes!” they all shouted, running toward the kitchen. Laird, age 8, got to the kitchen first. Five-year-old Shawn arrived right behind him. Alex, just turned 3, toddled in last.

Perry wanted to involve all the boys. He also wanted to keep them safe. Before they started making the cookies, he thought of these tasks to do:

- Reading the recipe
- Measuring ingredients
- Pouring ingredients into a bowl

- Sifting flour
- Cutting off butter or chocolate with a knife
- Stirring ingredients by hand
- Rolling out cookie dough with a rolling pin
- Cutting out cookies with a cookie cutter
- Putting the cookies in the oven
- Taking the cookies out of the oven
- Decorating the cookies
- Setting the table for a delicious cookie snack

The baking project went well. When the cookies were done, Laird, Shawn, and Alex were proud to have helped. Even better, they all enjoyed eating the tasty results of their efforts.

1. Alex (Age 3)	2. Shawn (Age 5)	3. Laird (Age 8)	4. Perry