

## Foods of the World

**Directions** Read the passage below about ethnic foods and answer the questions that follow. Then learn more about ethnic foods with the Discovery activity.

One of Rachel’s favorite foods is matzo ball soup. Her family is Jewish, and every year they eat matzo ball soup as part of their Passover celebration. “My dad made the best matzo ball soup,” she recalls. “It was hot and savory, with chunks of carrots and chicken floating in it.” Now whenever she tastes this dish, it reminds her of home.

People often get attached to ethnic foods that are part of their family tradition. However, many people also enjoy foods that come from a different culture. Rachel is now married to a man from India. She looks forward to visiting his family to spend some time getting to know them—and to enjoy all the wonderful curries and chutneys they always serve.

1. Think of a dish you enjoy that is part of your own ethnic background. Describe this dish and explain what you like most about it.

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2. Have you ever tried a dish from a culture other than your own? If so, what was the dish and how did you like it?

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3. What other cultural cuisine would you like to try? Explain why. \_\_\_\_\_

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### Discovery

**Ethnic Cuisine** Choose an ethnic dish to make that is new to you. Since it will be your first time to try it, pick a recipe that is not too complicated. Prepare the dish for yourself and some family members or friends. As you eat together, share opinions about the dish. Why do you think some people enjoy trying new foods and others do not? Summarize your thoughts in writing. Include your impressions of the dish you tried.