

Study Guide

Diversity at the Table

Directions: Read chapter 2, and answer the following questions. Later, you can use this study guide to review.

1. What are some aspects of a culture?

2. Identify and describe what makes a cuisine.

3. In your own words, provide a definition for *customs*.

4. Identify five influences on cuisines and customs.

5. Identify a specific example for three of the above influences.

6. Identify three similarities among international cuisines.

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Chapter 2 Study Guide (continued)

7. Why would a family want to maintain its food customs?

8. Give three reasons why food customs change over time.

9. Explain why American food customs are a melting pot. Identify four foods from other cultures that have become favorites in this country.

Activity 2

Diversity at the Table

Food Festival

Directions: Working in small groups, plan an ethnic food festival focusing on the cuisine of at least one country. Find five recipes that are typical of the cuisine. If you have family recipes from this cuisine, include them. Make a work plan for the festival day.

1. Name the five recipes and who will make them. Attach the actual recipes on separate pages.

2. Describe the decorations and the color scheme (colors of the national flag) by making a diagram on the table. What music will you have? Identify who will be responsible for bringing supplies, decorating the table, and providing music.

3. In the following space, draw the arrangement of food on a tabletop and a diagram of your group's decorations. Use additional paper if necessary.