

# Activity 1

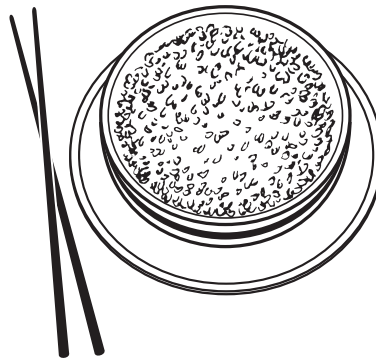
## Foods of South, East & Southeast Asia

### Southern and Eastern Asian Ingredients

**Purpose:** To identify typical ingredients used in dishes of Southern and Eastern Asia.

**Directions:** Identify the ingredients for each item below, and write them in the space provided.

1. Indian cuisine is best known for the following spices: \_\_\_\_\_  
\_\_\_\_\_
2. Curry ingredients may include: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. Dal ingredients include: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Naan ingredients include: \_\_\_\_\_  
\_\_\_\_\_
5. Dosa ingredients include: \_\_\_\_\_  
\_\_\_\_\_
6. Tofu ingredients include: \_\_\_\_\_  
\_\_\_\_\_
7. Hoisin sauce ingredients include: \_\_\_\_\_  
\_\_\_\_\_
8. Sushi ingredients may include: \_\_\_\_\_  
\_\_\_\_\_



# Activity 2

## Foods of South, East & Southeast Asia

### Dishes of Southern and Eastern Asia

**Purpose:** To describe dishes from Southern and Eastern Asia.

**Directions:** Describe each dish listed below in the space provided.

1. Garam masala: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

2. Dal: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

3. Chutney: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4. Gajar halwa: \_\_\_\_\_

\_\_\_\_\_

5. Ttzok: \_\_\_\_\_

\_\_\_\_\_

6. Kobe beef: \_\_\_\_\_

\_\_\_\_\_

7. Kimchee: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8. Kha Ya Khoo: \_\_\_\_\_

\_\_\_\_\_

9. Pho: \_\_\_\_\_

\_\_\_\_\_

10. Dim sum: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_