

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Period: \_\_\_\_\_

**Discovering Life Skills**  
**Unit 10: Learn to Cook**  
**Life Skills Project: A Meal from Your Culture**

**Evaluation Rubric**

**Directions** Use the Self-Evaluation Guidelines below to assess the content of your Life Skills Project. Rate your performance and give yourself a score for each Criterion. Then give your answers and this completed Evaluation Rubric to your teacher to evaluate.

**Self-Evaluation Guidelines**

<b>Exemplary (10–8 points)</b>	<b>Satisfactory (7–4 points)</b>	<b>Poor (3–0 points)</b>
<ul style="list-style-type: none"> <li>• Includes all of the required content elements</li> <li>• Very well organized</li> <li>• All details provided</li> <li>• No grammatical errors</li> <li>• Creatively designed and executed</li> </ul>	<ul style="list-style-type: none"> <li>• Includes some of the required content elements</li> <li>• Well organized</li> <li>• Many general details provided</li> <li>• Few grammatical errors</li> <li>• Neatly keyed or handwritten</li> </ul>	<ul style="list-style-type: none"> <li>• Includes few or none of the required content elements</li> <li>• Disorganized</li> <li>• Few or no details provided</li> <li>• Many grammatical errors</li> <li>• Typos or illegible handwriting</li> </ul>

<b>Criteria</b>	<b>Exemplary (10–8 points)</b>	<b>Satisfactory (7–4 points)</b>	<b>Poor (3–0 points)</b>	<b>Student Score</b>	<b>Teacher Score</b>
<b>Content</b>					
Collect traditional recipes from your family or friends.					
Read cookbooks about food from your background.					
Prepare a recipe from our heritage.					
Interview someone who is familiar with your culture.					
Use the Life Skills Project Checklist to plan and serve your dish to the class and give an oral report on it.					
<b>Mechanics</b>					
Evaluate the extent of your research.					
Evaluate the depth of your questions.					
Check for accuracy of spelling and grammar.					
Evaluate your speaking and listening skills.					
<b>Total</b>					