Name:	Date:

Chapter 1 Discover Yourself

Section 1.1

You Are Unique

Directions: List the supporting details for the four main topics in this section.

Heredity and Environment	What Makes Me Unique?	Emotional Changes	Physical Changes

Name: ______ Date: _____

Chapter 1 Discover Yourself

Section 1.2

Grooming and Personal Care

Directions: List the five areas that you should care for when grooming.

