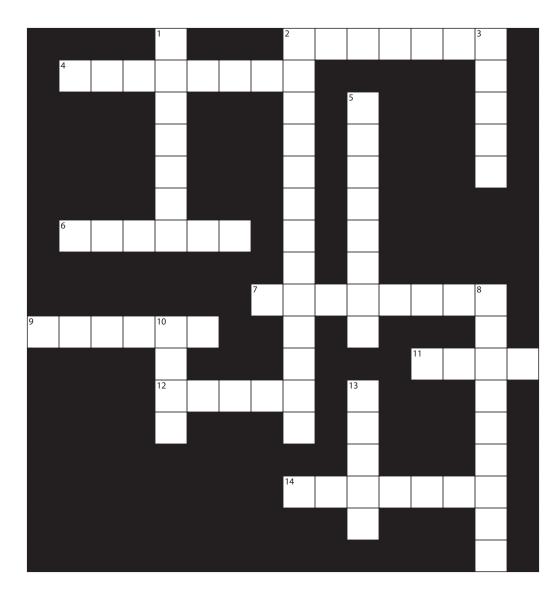


Directions: Use the clues on the following page to solve the crossword puzzle.



(Continued on next page)

Activity 7 continued

Across

2. Taking care of your teeth will help prevent cavities and gum _____

- **4.** Choose a toothpaste that contains ______.
- **6.** Teens who have ______ acne should see a dermatologist.
- 7. You should clip your ______ straight across.
- **9.** When blow drying your hair, set the hair dryer at the ______ temperature.
- **11.** ______ is a skin condition caused by overly active oil glands.
- **12.** Besides brushing your teeth, you need to ______ them daily.
- **14.** An example of a physical ______ that you can't change is your height.

Down

- **1.** You can look your best by following a basic grooming ______ each day.
- 2. A doctor who treats skin disorders is called a _____
- **3.** To keep skin healthy, drink at least ______ glasses of water each day.
- **5.** Care for your hair by washing and ______ or combing it regularly.
- **8.** Use a _______ to protect your skin from the sun's damaging rays.

10. Brush your teeth regularly with a brush that has ______ bristles.

13. Make sure your clothing is neat and _____.