

Activity 6

Establishing Family Traditions

Different families have different traditions. These traditions influence how they celebrate special events and what foods they like. Learning about other people's traditions helps you understand other people.

Part I Directions: What traditions does your family have? Think about the way your family celebrates special events, and describe some of those traditions in the chart below.

Current Tradition:	How it is celebrated:

Part II Directions: What other family traditions might you establish? Remember, traditions don't have to be tied to a holiday. A tradition can be as simple as eating pizza together each Wednesday. In the chart below, describe three new traditions you could start.

New Tradition:	Why and how it could be celebrated:

Activity 7

Getting Along With Family Members

To get along with family members, you need to show consideration, cooperation, reliability, and understanding. These skills also prepare you for relationships with people at school, at work, and in the community.

Part I Directions: Choose one term from the box below and write it next to the correct definition.

Consideration	Cooperation	Reliability	Understanding
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1. You try to understand how other people feel. You respect other peoples' viewpoints and feelings.

2. You think about other people and their feelings. You treat people the way you would like to be treated.

3. You do what you say you will do. You let people know that they can depend on you.

4. You pitch in and do your share of work. You help out without being asked.

Part II Directions: On the lines below, describe a way you could demonstrate each skill when interacting with family members.

5. Consideration:

6. Cooperation:

7. Reliability:

8. Understanding:
