

Activity 13

Taking One Step at a Time

Think of a long-term goal as a prize at the top of a staircase. In order to reach your long-term goal, you must climb the stairs. Each step is a short-term goal. As you pass each step, you move closer to your long-term goal.

Directions: Choose a long-term goal that you would like to reach. Answer the questions.

1. What is your long-term goal?

2. What decisions will you need to make to reach this goal?

3. What short-term goals can you set to help you reach your long-term goal?

4. What resources do you need to reach your goal?

5. What priorities can you set in order to reach your goal?

6. How might other people help you reach your goal? Who can you ask for help?

7. What challenges might stand in your way? How will you overcome them?

Activity 14

Looking Ahead

Planning short-term goals gives you an opportunity to examine your choices and make sure that you can achieve your objectives. For each short-term goal, ask yourself, “Will I be able to accomplish this?” Sometimes, you may want to consult a parent or a trusted friend to get feedback on the most effective steps you can take to reach your long-term goal.

Part I Directions: Read the following situations describing long-term goals. For each situation, determine what short-term goals will help the characters involved achieve their long-term goals. Record your answers in the spaces provided.

Situation A	Situation B	Situation C
Rob dreams of someday buying a motorcycle just like the one his uncle has.	Una and Li are planning a . camping trip the summer after graduation, before starting technical college.	Jina hopes that she has enough courage to try out for the leading role in the big spring play at school.

1. Situation A: Rob should set up the following short-term goals:

2. Situation B: Una and Li should set up the following short-term goals:

3. Situation C: Jina should set up the following short-term goals:

Part II Directions: Present your suggestions to the class. As a class, discuss the most effective set of short-term goals for each of the situations above.