

# Activity 54

## Infant Care Guidelines

**Directions:** Fill in the blanks to complete the list of guidelines for caring for infants.

1. Babies \_\_\_\_\_ to communicate their need for sleep, food, comfortable clothing, and attention.
2. When an infant cries, first check to see if he or she needs a clean diaper or is \_\_\_\_\_.
3. Three good ways to calm a crying baby who just seems to need attention are \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_ him or her.
4. When holding a baby, you must be careful to support the head by placing one hand under the baby's \_\_\_\_\_ and the other hand and arm under the lower part of the baby's \_\_\_\_\_.
5. Never leave an infant \_\_\_\_\_, because infants can roll off \_\_\_\_\_ and \_\_\_\_\_.
6. Young babies drink \_\_\_\_\_ or \_\_\_\_\_.
7. By holding a baby over your shoulder and patting his or her back lightly, you can give the baby a chance to \_\_\_\_\_.
8. Ask the baby's parents to show you where to put dirty \_\_\_\_\_.
9. Lay a baby down on his or her \_\_\_\_\_ or \_\_\_\_\_ to sleep, but never on his or her \_\_\_\_\_.
10. While an infant is sleeping, \_\_\_\_\_ him or her frequently to make sure that he or she is all right.