

# Discovering Life Skills

## Chapter 16: Clothing Basics

### Chapter Summary

A basic understanding of fabrics can help you make better clothing choices. Most fabrics are made from natural or synthetic materials. Fabrics are made by weaving or knitting fibers together. Manufacturers often add various finishes to improve the durability and feel of fabrics. When you buy clothes, be sure to check the feel of the fabric carefully and check for the correct fit. Use a shopping plan to spend money wisely for the clothing you need and want.

Every item of clothing must carry a care label describing its fiber content and how to care for it. Read labels before you buy to help you determine the quality, durability, and care of garments. Keeping your clothes in good condition can help you save money. Cleaning clothes properly requires a basic knowledge of fabrics and simple cleaning techniques. Your wardrobe will look newer longer when you learn the correct ways to launder and store your clothes.