

Activity 106

Food Group Search

Directions: Hidden in this word puzzle are 20 food names. Circle each one. The names may appear backward, forward, horizontally, vertically, or diagonally. Then list each food you circled under the appropriate food group heading.

P E A N U T S B T I U R F E P A R G
 C B D N G T L I D B I S C U I T A E
 A N E K C I H C H E E S E S M B I O
 R U L D F U M E A S G P I G Y H S T
 C A R R O T S C E I P E P M G V I G
 I R S Y O G U R T K A A H A L S N D
 C R M B Y C L E N N C R G Y D O S U
 P O N E E G N A R O S P I H R T Y H
 R I R A R U K M I M Y R E L E C S N
 T R L N O I E S I V C E G O E T F S
 W L B S P T C N P L O W P O T A T O
 E K A C N A P E P H K O C W L Y N I

Grain Group	Vegetable Group	Fruit Group	Milk Group	Meat & Beans Group
1. _____	5. _____	9. _____	13. _____	17. _____
2. _____	6. _____	10. _____	14. _____	18. _____
3. _____	7. _____	11. _____	15. _____	19. _____
4. _____	8. _____	12. _____	16. _____	20. _____