

Activity 111

Eating Disorders

Directions: Each of the sentences that follow has to do with eating disorders. Complete each sentence and use it as a clue to help you supply the missing letters in the corresponding numbered item. When you have finished the puzzle, the word reading down in the circles will tell what someone with an eating disorder needs to do.

1. _ _ _ _ _ ○ _ _ _ _ _
2. _ _ _ _ _ ○ _ _ _ _ _
3. _ _ _ _ _ ○ _ _ _ _ _
4. _ _ _ _ _ ○ _ _ _ _ _
5. _ _ _ _ _ ○ _ _ _ _ _
6. _ _ _ _ _ ○ _ _ _ _ _
7. _ _ _ _ _ ○ _ _ _ _ _

1. A person with _____ is unable to resist food and cannot stop eating.
2. _____ involves an extreme urge to lose weight by starving oneself.
3. Binge eating disorder is characterized by a lack of _____ over one's eating habits.
4. Eating disorders are serious _____ problems that need to be treated by experts.
5. Anorexia nervosa and bulimia nervosa are both serious eating _____.
6. People with _____ overeat and then use extreme measures to get rid of the food.
7. All eating disorders can lead to _____, anxiety, and even death.

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