

Chapter 23 Cooking Basics

Section 23.1 Choose Your Ingredients



Social Studies International Flavor

Directions Some herbs and spices, such as garlic and cilantro, are grown in the United States, but many other familiar herbs and spices are imported. Research the herbs and spices in the left column to find out what country or countries produce them, and write this information in the middle column. Then complete the chart by filling in the right column with foods that taste good with the spices listed.

NCSS IV B Individual Development and Identity Identify, describe, and express appreciation for the influence of various historical and contemporary cultures on an individual's daily life.

Herb or Spice:	Imported from:	Tastes Good with:
black pepper		
celery seed		
cinnamon		
cloves		
ginger		
nutmeg		
oregano		
paprika		
parsley		
rosemary		
sage		
thyme		