

Check Your Answers: After You Read

Section 6.1

Review Key Concepts

1. Internal pressure comes from within. External pressure comes from the outside, such as media, family, and peers.
2. Through positive peer pressure, one friend could talk another friend into volunteering, by saying how fun it is.
3. Negative peer pressure causes you to do something not in your best interest.

Practice Academic Skills

4. Stories will vary. Alternate endings should show an understanding of the consequences of negative peer pressure. For example, a teen who gives into the pressure to smoke might get sick or be avoided by nonsmoking friends. When the teen decides not to smoke, he will feel good about himself.
5. Answers will vary. If Susan's desire is strong enough, she might give in to the negative peer pressure. This could lead to stealing money or shoplifting the clothes, which would lead to legal consequences. Or Susan's values might be strong enough to realize that the girls should accept her for who she is and not what she is wearing.

Section 6.2

Review Key Concepts

1. Having a strong sense makes it easier to make decisions and stick to them.
2. Humor lets people know you are not interested without putting them on the defensive.
3. A risky behavior is one that puts people's health and, in some cases, people's lives at risk.

Practice Academic Skills

4. Songs will vary but should describe at least two of the refusal skills discussed in the text.
5. Answers will vary. A possible example is: My family taught me to not be a quitter. My mother once volunteered for a committee and she did not always enjoy the tasks assigned to her. But she knew the importance of following through so she did the assignments without complaining. This is important because I am on the basketball team and even though I do not always feel like going to the practice, I know that I made a commitment and others are depending on me.