

Check Your Answers: After You Read

Section 18.1

Review Key Concepts

1. Having relationships with people who are different from you helps you see things from a fresh point of view.
2. High self-esteem gives you the confidence to form good relationships and helps you avoid harmful ones. Good relationships also enhance self-esteem.
3. Authority figures are people who have the right and responsibility to influence your behavior.

Practice Academic Skills

4. Visual representation should include images that represent a valued relationship. Each image should have a caption that explains the meaning behind the image.
5. Answers will vary depending on country chosen. Variations in habits may represent different values, although not necessarily better or worse. Any kind of difference has the potential to cause conflict, which can have an impact on relationships.

Section 18.2

Review Key Concepts

1. When you isolate yourself from everyone but one person, you miss out on a lot. No one individual can give you everything you need and want in life.
2. Some feel you should always let the other person know when you want to end a relationship so as not to keep him or her guessing. However, others feel that it is less hurtful to not say anything and trust that the relationship will end naturally.

Practice Academic Skills

3. The letter should be kind, perhaps even humorous, but firm. For example, "I really enjoy when we hang out and I want to keep doing that. Let's find other roommates for college so we don't end up like those roommates we see on TV who can't stand each other!"
4. Answers will vary depending on problems selected to act out. For example, students might choose to focus on one friend wanting to tell another friend about something he or she does that really annoys them. They may struggle with how to say it or whether it is even worth bringing up.