# **Chapter 37 Identifying Career Opportunities**

## **Section 37.1 Define Goals**

## **Review Key Concepts**

- 1. The first two steps in choosing a career are to define your personal (lifestyle) goals and conduct a self-assessment.
- **2.** Considerations that help formulate planning goals are: be specific, be realistic, and work backward. Other considerations include training and education; costs; time frames; and short-, medium-, and long-term goals.
- **3.** Areas to explore when conducting a self-assessment include: values, skills, aptitudes, personality, work environment preferences, and relationship preferences.

### **Practice Academics**

## **English Language Arts**

**4.** Students should create a chart that compares the elements of a self-assessment from two different books or other resources.

#### **Mathematics**

**5.** \$255,363.59 ( $$8,000 \times 31.9204494$ ).