

## **Chapter 37 Identifying Career Opportunities**

### **Section 37.1 Define Goals**

#### **Section Outline with Content and Academic Vocabulary**

##### **Section Outline**

Choosing a Career

Define Your Personal Goals

Conduct a Self-Assessment

Your Values

Your Interests

Your Skills and Aptitudes

Your Personality

Your Work Environment Preferences

Your Relationship Preferences

Identify Career Choices and Gather Information

Libraries

Professional and Trade Associations

The Internet

Informational Interviews

On-the-Job Experience

Evaluate Your Choices

Developing an Action Plan

Formulate Planning Goals

Be Specific

Be Realistic

Work Backward

Professional Development

Outlining Your Plan

## Chapter 37 Identifying Career Opportunities

### Section 37.1 Define Goals

#### Section Outline with Content and Academic Vocabulary *continued*

#### Content Vocabulary

**lifestyle** The type of life you would like to live. (p. 873)

**values** Beliefs that guide the way we live. (p. 873)

**aptitude** An ability or natural talent, or the potential to learn a certain skill. (p. 874)

**Occupational Outlook Handbook (OOH)** A publication available online and in libraries that describes what workers do, working conditions, the training and education required, earnings, and expected job prospects in a wide range of occupations. (p. 875)

**career outlook** The number and types of jobs available in any field. (p. 876)

**O\*NET** Occupational Information Network; a database that is the primary source for occupational information in the United States; contains information on skills, abilities, knowledge, work activities, and interests associated with occupations. (p. 876)

**internship** Direct work in a job that allows the person to get experience, either with or without pay. (p. 876)

**planning goals** Small steps taken to get from where you are to where you want to be in your career. (p. 879)

**specific goal** A goal stated in exact terms and including some details. (p. 880)

**realistic goal** A goal that you have a reasonable chance of achieving. (p. 880)

#### Academic Vocabulary

**publication** A copy of a printed word offered for distribution. (p. 876)

**challenge** A demanding or stimulating situation. (p. 876)